



FARMINGTON GYMNASTICS CENTER, INC.

FUN AND FITNESS FOR EVERYONE

23966 FREEWAY PARK

FARMINGTON HILLS, MI 48335

www.farmingtongymnastics.com PHONE: (248) 478-6130

JULY 15, 2016

DEAR TEAM PARENTS & GYMNASTS,

WE HOPE EACH AND EVERY FAMILY IS HAVING A VERY SAFE AND FUN SUMMER. WE AT FGC ARE LOOKING FORWARD TO THE FALL. THIS SIGNALS THE START OF THE NEW GYMNASTICS YEAR, WHICH BEGINS **SEPTEMBER 7, 2016**, WITH THIS IN MIND, WE ARE PLEASED TO ANNOUNCE OUR FALL 2016 - 2017 TRAINING SCHEDULE.

PLEASE KEEP IN MIND THE ENTIRE STAFF, AND MYSELF, FEEL GYMNASTICS IS A YEAR ROUND COMMITMENT AND WE HAVE DESIGNED OUR PROGRAM IN SUCH A MANNER. UNLIKE OTHER SPORTS, GYMNASTICS, BECAUSE OF ITS DEGREE OF DIFFICULTY AND RISK OF INJURY, REQUIRES TOTAL COMMITMENT. I CANNOT AND WILL NOT RISK AN INJURY BECAUSE OF ANYTHING LESS THAN THIS COMMITMENT. FOR THIS REASON, I MUST INSIST ON THIS SCHEDULE FOR YOUR DAUGHTER.

IN STRUCTURING OUR FEES, MANY CONSIDERATIONS WERE TAKEN INTO ACCOUNT: THE FEES OF OUR VARIOUS COMPETITORS, POSSIBLE GYM CLOSING DUE TO WEATHER, VACATIONS, EQUIPMENT PURCHASED FOR TEAM AND MISSED SATURDAYS FOR COMPETITIONS.

IN ORDER TO MAKE THE PAYMENTS MORE CONVENIENT FOR YOU, WE HAVE OPTED FOR 11 EQUAL PAYMENTS - STARTING IN SEPTEMBER 2016 AND ENDING IN JULY 2017, WITH NO PAYMENT IN AUGUST 2017. WHEN YOUR DAUGHTER CHANGES LEVELS OR SUMMER TRAINING HOURS INCREASE - YOUR FEE WILL BE ADJUSTED. PLEASE DO NOT CONFUSE THIS WITH MONTHLY PAYMENTS. YOUR COMMITMENT IS FOR THE YEAR AND YOUR FEE IS FOR THE YEAR.

POLICY REMINDERS / CHANGES:

YOUR PAYMENT WILL BE DUE ON OR BEFORE THE 1st OF EVERY MONTH, AFTER THE 1st – YOUR PAYMENT WILL BE CONSIDERED LATE (\$ 30 LATE WILL BE ASSESED TO YOUR ACCOUNT), AFTER THE 10th OF THE MONTH – YOUR DAUGHTER WILL NOT BE ALLOWED TO PARTICAPATE UNTIL YOUR ACCOUNT IS PAID IN FULL.

WE REALIZE THINGS HAPPEN AND PEOPLE FORGET. HOWEVER, PLEASE DO NOT JUST ASSUME BEING LATE IS – **“OK” – BECAUSE IT IS NOT.** IF YOU ARE LATE FOR A GOOD REASON – PLEASE CALL US AND EXPLAIN YOUR SITUATION. **PLEASE UNDERSTAND THAT TIMELY PAYMENTS ARE EXTREMELY IMPORTANT IN KEEPING OUR GYM RUNNING EFFICIENTLY!**

PLEASE INCLUDE THE \$ 30.00 ANNUAL REGISTRATION FEE WITH YOUR SEPTEMBER PAYMENT. IF YOU DO NOT INCLUDE THIS PAYMENT, BY THE 1ST OF SEPTEMBER, YOUR ACCOUNT WILL BE CONSIDERED LATE, AND A LATE FEE WILL BE ACCESSED.

TEAM LATENESS POLICY - IF YOUR CHILD IS PICKED UP MORE THAN 15 MINUTES AFTER HER SCHEDULED PRACTICE TIME HAS ENDED – **YOU WILL BE CHARGED \$1.00 PER MINUTE UNTIL YOUR DAUGHTER IS PICKED UP.**

POLICY REMINDER – OPEN GYM POLICY – CERTAIN TEAM GYMNASTS (DEPENDING ON THEIR AGE) ARE ALLOWED TO TRAIN ON THEIR NONSCHEDULED DAYS. THEY MUST CALL THE OFFICE ON THAT PARTICULAR DAY **DURING OFFICE HOURS** AND REQUEST TO COME IN.

PLEASE UNDERSTAND THAT FOR YOUR SAFETY, AND THAT OF OUR GYMNASTS, **PARENTS ENTERING THE GYM IS SIMPLY NOT ALLOWED.** BY ENTERING THE GYM YOU ARE ENDANGERING YOURSELF AND OUR GYMNASTS. IF YOU NEED TO TALK TO YOUR CHILD, OR GET THEM EARLY PLEASE LET THE OFFICE STAFF HELP YOU. WE ARE HAPPY TO ASSIST YOU IN ANY WAY THAT WE CAN. **IF YOU NEED TO TALK TO A COACH, PLEASE CALL THE OFFICE, OR LEAVE A MESSAGE, AND THEY WILL CALL YOU AS SOON AS POSSIBLE.** WHEN THE COACHES ARE IN THE GYM, THEY ARE THERE TO COACH OUR GYMNASTS (INCLUDING YOUR DAUGHTER!).

ALL GYMNASTS ARE REQUIRED TO WAIT INSIDE THE BUILDING FOR HER RIDE HOME. ALSO, PARENTS PLEASE DRIVE VERY CAREFULLY AND SLOWLY IN OUR PARKING LOT!

WE REALIZE THIS IS LOOKING AHEAD – EVERY GYMNAST MUST BE AT ALL SCHEDULED PRACTICES THE ENTIRE TIME FOR 1 WEEK PRIOR TO ALL MEETS. **ALSO, DUE TO COMPETITIVE / STATE PACKET REASONS, WE WOULD LIKE EVERY COMPULSORY GYMNAST (REQUIRED FOR OPTIONAL GYMNASTS) TO TRAIN ALL SCHEDULED PRACTICES THE ENTIRE TIME FOR THE 2 WEEKS PRIOR TO THEIR STATE, REGIONAL & NATIONAL MEETS.** THERE ALWAYS SEEMS TO BE PARENTS TAKING EXCEPTION TO THIS RULE. OUR COACHES WORK VERY HARD, AS DO THE GYMNASTS - TO PULL A GYMNAST OUT PRIOR TO HER BIGGEST MEET OF THE YEAR - IS SIMPLY **VERY DISAPPOINTING.** IT TAKES MOST KIDS AT LEAST A WEEK TO GET BACK HER TIMING AND SKILLS - BREAKING THIS RULE - IS NOT GIVING YOUR DAUGHTER THE BEST OPPORTUNITY TO EXCEL. IF THIS HAPPENS IN THE FUTURE - IF A GYMNAST HAS ANY BORDER LINE SKILLS SHE WAS TRAINING - TO ENHANCE HER ROUTINE - THESE SKILLS WILL DEFINITELY BE PULLED AND HER ROUTINE WILL BE READJUSTED TO FIT HER TIMING AND TO KEEP HER SAFE. **ULTIMATELY, YOUR DAUGHTER AND OUR TEAM WILL SUFFER - PLEASE KEEP THIS IN MIND.**

FGC TEAM LEVEL REPRESENTATIVES AND COACHES:

SUPERMITE - DORENE PULGINI (REP), ALONG WITH SUPPORT COACHES, KENZIE SKAGGS, JAYMIE ZEIGLER, TAYLOR MADISON, MATT STRICKFADEN, MR. D AND DAVID MAHONEY.

POWERMITE - JAYMIE ZEIGLER (REP), EMILY CIOKAJLO (REP), KENZIE SKAGGS ALONG WITH SUPPORT COACHES, TAYLOR MADISON, MATT STRICKFADEN, MR. D AND DAVID MAHONEY.

LEVEL 3, 4 & 5 - KENZIE SKAGGS (REP), JAYMIE ZEIGLER (REP), TAYLOR MADISON (REP) ALONG WITH SUPPORT COACHES, MATT STRICKFADEN, DEBBIE CAMPBELL (COACH & NATIONAL JUDGE), EMILY CIOKAJLO, DAVID MAHONEY & MR. D .

OPTIONALS & XCEL - KENZIE SKAGGS (REP), DAVID MAHONEY (REP), ALONG WITH SUPPORT COACHES JAYMIE ZEIGLER, TAYLOR MADISON, DEBBIE CAMPBELL (COACH & NATIONAL JUDGE) & MATT STRICKFADEN.

THANK YOU FOR THE HONOR OF TRAINING YOUR DAUGHTER, IF YOU HAVE A QUESTION, SUGGESTION, OR WANT TO TALK ABOUT YOUR CHILD'S FUTURE IN GYMNASTICS, PLEASE CONTACT MYSELF OR ONE OF OUR STAFF. AGAIN, **THANK YOU** - BE SAFE AND BEST OF LUCK FOR THE 2015 – 2016 SEASON.

SINCERELY,

DAVID

FGC TEAM DIRECTOR



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FGC 2016 FALL TEAM TRAINING

<u>FEE</u>	<u>LEVEL</u>	<u>HOURS</u>	<u>DAYS</u>	<u>TIMES</u>
\$195	SUPERMITE	5	THR & SAT	4:30 - 6:30 pm 12:00 - 3:00 pm
\$215	POWERMITE	6.25	W & SAT	4:30 - 7:45 pm 12:00 - 3:00 pm

XCEL PROGRAM

\$225	SILVER	6.75	W 4:30 - 7:45 pm,	SAT 8:30 - 12:00 pm
\$210	GOLD	5.5	T 4:30 - 7:30 pm,	FRI 4:30 - 7:00 pm
\$255	GOLD	9.0	Optional 3 rd day	SAT 8:30 - 12:00 pm
\$245	PLATINUM	8.5	M 3:15 - 7:30 pm,	THR 3:15 - 7:30 pm
\$245	DIAMOND	8.5	M 3:15 - 7:30 pm,	THR 3:15 - 7:30 pm

ANY XCEL GYMNAST WANTING TO TRAIN MORE – ASK

\$260	3	9.25	W FRI SAT	4:30 - 7:45 pm 4:30 - 7:00 pm 8:30 - 12:00 pm
\$270	4	11.5	M & THR SAT	4:30 - 8:30 pm 8:30 - 12:00 pm
\$295	** Optional 4 th day ** - ask details in the office		** T	4:30 - 7:30 pm **
\$295	4 (2 nd yr) &	14.5	M & THR T SAT	4:30 - 8:30 pm 4:30 - 7:30 pm 8:30 - 12:00 pm
\$ 320	5 - 8	16.5	M, T & THR FRI	3:15 - 7:30 pm 3:15 - 7:00 pm
\$ 330	9 - 10	19.5	M, T & THR FRI SAT	3:15 - 7:30 pm 3:15 - 7:00 pm 9:00 - 12:00 pm