



FARMINGTON GYMNASTICS CENTER, INC.

FUN AND FITNESS FOR EVERYONE

23966 FREEWAY PARK

FARMINGTON HILLS, MI 48335

www.farmingtongymnastics.com PHONE: (248) 478-6130

NOVEMBER 2, 2016,

DEAR TEAM PARENTS AND GYMNASTS,

HERE ARE SOME **CHANGES** TO THE TRAINING SCHEDULE FOR THE 2016 HOLIDAY SEASON.

IF A PRACTICE DATE IS NOT LISTED – PLEASE ASSUME REGULAR PRACTICE TIMES.

PLEASE READ THIS CAREFULLY THIS INCLUDES:

SUPERMITE (SM), POWERMITE (PM), XCEL (X), LEVEL 3 – 10

WED, NOVEMBER 23, 2016 THRU * SAT, NOVEMBER 26, 2016 - NO PRACTICE

* SAT, NOVEMBER 26, 2016 PRACTICE 9:00 – 12:00 (LEVEL 3 – 10, XS, XG, XD, XP - **ONLY**)
(THIS IS AN OPTIONAL PRACTICE - MUST SIGN UP IN ADVANCE BY NOV 19, 2016)

MON, NOVEMBER 28, 2016 RESUME REGULAR PRACTICE TIMES

MON, DECEMBER 5, 2016 **SECRET HOLIDAY PAL BEGINS!!** (INFO LATER)

SAT, DECEMBER 17, 2016 PRACTICE 8:45 – 1:00 (XS, XG, XP, XD, L 3 -10)
(HOLIDAY PARTY) PRACTICE 12:00 – 1:00 (SM, PM)
HOLIDAY PARTY 1:00 – 2:00 PM

MON, DECEMBER 19, 2016 THRU THURS , DECEMBER 22, 2016 - REGULAR PRACTICE
(EXCEPT – LEVEL 4 ON THURSDAY, DEC 22 – PRACTICE ENDS AT 7:30)

FRI, DECEMBER 23, 2016 THRU TUES, DECEMBER 27, 2016 - NO PRACTICE

DECEMBER 28, 29 & 30, 2016 PRACTICE 9:00 – 12:00 (SM, PM, XS, XG, XP, XD, L 3 -10)

SAT, DECEMBER 31, 2016 THRU WED, JAN 4, 2017 - NO PRACTICE
(EXCEPT – JAN 2, 3, 2016 PRACTICE 9:00 – 12:00 (L 3 - 10 - ONLY)

THURS, JANUARY 5, 2017 RESUME REGULAR PRACTICE TIMES